

You Matter!

A 6-week creative art therapy group
for teens aged 13-18 years who are living
with, or have lived with, family violence



Learn to let go of
what you can't change

In a safe space that
encourages listening and caring
you can:

Improve self-confidence and self-esteem
Learn about healthy relationships
Form new friendships

Participation is free
All art materials will be provided
No artistic skills necessary!!

BOOK NOW

Iva 03 9856 1500 Iva.Pfeiffer@doncare.org.au
Ursula 03 9896 6392 Ursula.Pethica@anglicarevic.org.au

Tuesdays
4:00pm to 6:00pm
Taking expressions of interest
for Term 2 - 2025
Suite 4, Level 1, MC2
687 Doncaster Road
Doncaster 3108