



VISION BOARD

Recover and Create

Facilitated by skilled art therapists and counsellors.
Topics include:

- **Connecting to others**
- **Inspirational goals**
- **Personal values**
- **Future possibilities**
- **Fun and creativity**

Wednesdays 11 October to 1 November 2023

10:00am – 12:00pm

Cost: \$65 for 4 sessions, concessions available

Information will be provided after registration
All materials provided

BOOK NOW

Call: Andrea de Rauch 9856 1500

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