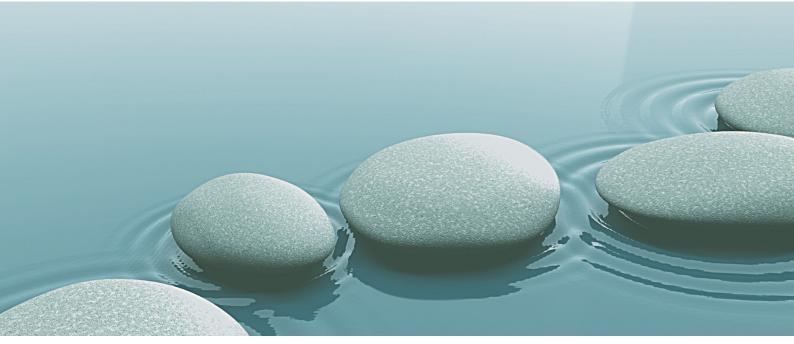
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- Experience mindfulness.
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- Share and reflect in a group setting.

Thursdays 15 February to 21 March 2024

10:00am - 11:00am

Cost: \$65 for 6 sessions, concessions available

Further information will be provided after registration

BOOK NOW

Call: Andrea De Rauch on 9856 1500 Email: andrea.derauch@doncare.org.au

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